

Pause Group - Hebrews 13:1-8

Begin your time together by sharing highs and lows from the past week. Pray together with gratitude for the joys of the week in the lives of your group members and the world. Pray for those dealing with struggles. Pray for the world's struggles.

Study Questions: Address the questions your group desires

1. What stood out to you in the readings from the *Hebrews for Everyone* book this week? (pages 167-171)
2. As you think about your past, present, and future, which of the three weighs on you more than the others? Explain.
3. Which of those 3 gives you more hope than the others? Explain.
4. At the end of verse 8, the writer makes a grand statement about Jesus. In looking over the whole letter to Hebrews, what has it revealed about Jesus in each of these ways? Yesterday and today and forever?
5. How does getting our picture right about Jesus in these ways affect the way we engage the practical-life issues raised in verse 1-7?
6. How does verse 1 act as a unifying theme for all the practical matters found in verses 2-7?
7. In verse 2, it mentions that some people have entertained angels without knowing it. How does that verse impact how you view visitors to this congregation or to your home? Have there been any times when you when looking back, you have entertained an angel?
8. When the writer challenges the reader to be free from the love of money, how do you personally keep yourself free from the love of money? If you struggle with this, what would you hope you could change to help in this area?

Closing prayer – Please take 2 minutes of silence before praying. While being silent, meditate on those things that cause you to worry, whether they are in the past, present, or future. At the end of the 2 minutes pray the following prayer out loud as a group.

Lord Jesus, set me free to be the person you have created me to be. Help me pause to hear your voice today and to leave behind the “baggage” I am carrying as I seek to follow you. Help me discern how your hand has worked in my life in the past, how it is working in my life currently, and how it may work in my life in the future.

In Jesus' name we pray.

~Amen