

# SESSION 3



## TAKE HOME PACKET: #HTLCSUPERHEROES

MEET OUR SUPERHERO:

**LYDIA**

WHOSE SUPERPOWER IS

**LISTENING**

### MEMORY VERSE

WORK ON MEMORIZING THIS VERSE AS A FAMILY

As for me and my household, we will serve the Lord.

*Joshua 24:15*

### CONTENTS:

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**Find all the resources at:**

**[www.holytrinityankeny.org/vbs.html](http://www.holytrinityankeny.org/vbs.html)**

### VIDEO INTRO

**MEET LYDIA** Anne and Kelly introduce the Bible story and activities. You can find the video on the VBS web page.

**If you have any questions or need any additional supplies for Heroes VBS, contact Kelly.**  
**([kheuton@holytrinityankeny.org](mailto:kheuton@holytrinityankeny.org) or text 515-210-6843)**

### BIBLE BACKGROUND

LYDIA AND HER ABILITY TO LISTEN

- Lydia only gets 6 verses in the 16th chapter of Acts, but she is deservedly famous!
- Lydia was Greek, from the city of Thyatira.
- During this time period, purple cloth was a rare thing and was worn only by royalty. Lydia was a dyer and seller of purple cloth.
- Lydia is unique because she ran her own business and was the head of her household (she was probably a widow).
- Lydia moved to the city of Philippi. While living there, she was not Jewish but she worshipped God with a group of women. God told Paul to go to Philippi so he did and he found Lydia's group worshipping outdoors on the Sabbath. Paul stopped and taught the women about Jesus.
- Lydia heard Paul and was convinced she needed to be baptized immediately. She also had everyone in household (family, servants, business partners, etc) baptized.
- Lydia is known as the first European convert to Christianity (because she's Greek).
- Lydia and her household were probably founding members of the church at Philippi.
- Lydia was also very kind and she provided a place for Paul to stay when he was traveling in her area.

# SHARE THE STORY

## YOUNGER KIDS:

Spark Story Bible: Lydia, page 532

Fun Video: <https://www.youtube.com/watch?v=K9ug15MydPU>

- *This cartoon video is a good introduction to Lydia's story.*

## BIG KIDS

Bible (NRSV): Acts 16: 11-40

Questions to ask after sharing the story: (note answers vary on kids ages!)

- Lydia's super power is listening. Do you think it's hard to listen sometimes? Why?
- While listening to Paul, Lydia learned about God; how do you learn about God?
- Lydia turned her listening into action. Can you think of time when you heard something amazing and then did something about it?
- Lydia became a leader in the church because of her everyday superpower: listening. Do you think leaders, like moms and dads, or pastors, teachers, governors, and presidents should be good listeners? Why?

# CRAFTINESS

## WIND SOCK

When Lydia would dye her fabric, they would hang it from beams close to the ceilings to blow in the wind and dry. We're going to make a wind sock that will blow in the wind like Lydia's purple fabric.

### Supplies Included:

- Coloring page
- 5 strips of streamers
- Yarn

### You will also need:

- Something to color with (markers, pencils, crayons)
- Scotch tape

### Wind Sock Instructions:

- 1) Color and decorate the coloring page.
- 2) Turn the page over and tape 5 strips of streamers to the bottom of the page. Just the top of the streamer should be on the paper and the rest should hang down. They should be spread out all along the width of the page.
- 3) Roll the paper into a tube with the short edges meeting. Add a few pieces of tape where the edges meet so you have a tube that is 8 1/2 inches tall and the streamers hang out of the bottom.
- 4) Tie the yarn through the two holes in the top of the windsock so you have something to hang it from.
- 5) Find a good place to hang your windsock! Lydia's purple cloth was a sign of riches and royalty. Your windsock has a better message. What does it say?

# SONGS

HERE ARE SOME SONGS WE LOVE. YOU WILL FIND LINKS TO EACH OF THEM ON THE VBS WEB PAGE.

I have Decided: <https://www.youtube.com/watch?v=sELoWpeHo88>

Praise Him: <https://www.youtube.com/watch?v=rd3pZ1aF6is>

# SCIENCE STATION

## SKITTLES COLOR WHEEL

### Supplies Included:

- Bag of Skittles
- White Plate

### You will also need:

- A glass of warm water



### Color Wheel Instructions:

- 1) Make a circle with different colored Skittles around the outside edge of the plate.
- 2) Pour the warm water into the center of the plate. Pour enough water so it reaches all the Skittles.
- 3) Now wait and watch as the magic happens!

Paul traveled around telling the good news of Jesus. Lydia heard the news and then shared it with others. News of God's love and grace spread just like the colors spread from your Skittles.

Bonus activity. Grab a paint brush and some white paper. You can use the water from the skittles like water color paint!

# GET MOVING ACTIVITY

## SCAVENGER HUNT

Find the Scavenger Hunt paper in your kit. Take a walk around your neighborhood (or just around your house) and make a tally mark inside the box each time you find one of the objects listed. See how many of each you can find. Which object was the easiest to find?

# BONUS CONVERSATION

## WOULD YOU RATHER CONVERSATION

This is a good one for the dinner table!

Lydia was a good listener—when she heard about Jesus, she was ready to believe! Are you a good listener? Can you remember what people say?

For this conversation, you'll want Would You Rather Questions—questions where you have to pick one of two things, sometimes similar, sometimes opposites. A list of possible questions is below. When everyone present has answered, can someone remember all the answers?

Would you Rather:

- \* Eat ice cream or hamburger?
- \* Play with puppies or kittens?
- \* Have to sneeze or burp?
- \* Dip your French fries in ketchup or mustard?
- \* Eat a chocolate chip cookie or an oatmeal raisin cookie?
- \* Swim in the pool or in the lake?
- \* Have summer or winter?
- \* Use crayons or markers?

Reflecting on would you rather...

- Did you learn things about your family?
- Was it hard to easy to listen to others answers?
- Do you think you're a good listener?
- Why is listening an every day super power?

# SNACK TIME SUGGESTION

## ICE CREAM IN A BAG

### You will need:

- 1/2 cup whipping cream
- 1/2 tsp vanilla
- 1 Tbsp sugar
- 1/3 cup rock salt
- 3 cups crushed ice
- 1 Sandwich Ziploc bag
- 1 gallon Ziploc bag
- 2 tsp chocolate powder (optional. Use if you want chocolate flavored ice cream)
- For fun, add purple food coloring to make it purple like Lydia's cloth!

### Instructions:

- 1) Add 3 cups crushed ice and 1/3 cup rock salt to the gallon bag.
- 2) Add sugar, whipping cream and vanilla to the sandwich bag. If making chocolate ice cream, add the chocolate powder also.
- 3) Close the sandwich bag and put it in the gallon bag with the ice. Seal the gallon bag, taking out as much air as possible.
- 4) Shake the bag for 5-10 minutes. Use a hand towel to hold the bag if it gets too cold to handle.
- 5) Take the sandwich bag out of the gallon bag and dump or scoop the ice cream into a bowl. Enjoy!

Here is a fun video with these instructions too! <https://www.youtube.com/watch?v=UUSiFjHYDzQ>

*Take a picture, have a grown up post it to social media using the hashtag: #hltsuperheroes.*

# MISSION

## REACHING OUT

Lydia used her everyday superpower of listening to find out what people needed.

One of the things some people in Iowa need is food. There are many reasons why some families don't have enough but the Food Bank of Iowa is one organization who is helping! Each week they send thousands of bags of food home with school kids so they have food over the weekend. We'd like you to make some cards with encouraging words to be included in those bags.

You will find a few pre-printed cards in your packet. Add some color and make them beautiful! There are also a few blank cards you can write your own message on.

For more information about this program, check out the link on the VBS web page.

Pro Tip: all mission project items can be brought to church either on Monday mornings between 9:00 and 11:00 am, email Kelly to do a porch pick up, or bring them to our Back To School Reverse Parade on Sunday August 9th (details to come soon)

# PRAYER

## BOX OF CRAYONS PRAYER

For this family prayer, you'll need crayons (or something similar with different color choices). Place crayons in the center of the group. Have each person choose a color and say a prayer for something that their color reminds them of. Have everyone take a turn, go around more than once if you want. This could also be done alone to help you think of things to talk with God about.