

Guide Sheet

Authentic Worship: Sacraments

Date: November 18, 2020

Big Idea: God's love is shown through water, wine and bread.

Guide Pro Tips

1. God has selected three things to convey God's love in a special way: water, wine, and bread. These simple things are a way that God becomes incarnate in them.
2. God love us so much that all of creation is made good, including you! God's community is part of the good creation – God wants us to have the church to support us in life!
3. Sacraments: most simple things that God created – Water for baptism, washes away sin, makes us adopted children of God, the Holy Spirit comes and inhabits our lives.
4. Wine and bread: Jesus made them holy; he gave us a feast that is a foreshadowing of the feast of heaven!
5. Water, wine and bread are more than symbols. God is truly present! God lives with us!

Gathering and Centering

Find your candle, turn it on, or light a real one. Take two minutes to relax your shoulders, breathe deeply and be silent and present to God.

Introduction to the Big Idea: Video Moment

Tonight, we start with our video – it's pretty epic!

Review the movie:

- What did you notice in this movie?
- Why do you think God would use water, wine and bread to show us how much we are loved by God?
 - *NB: don't forget, we don't have holy water, and the wine and the bread stay wine and bread all the time. The elements are ordinary, the God who loves us and shows us love through these elements is EXTRAordinary!*
- Are there other ordinary things that show us how Extraordinary our God is and how much God loves us?
 - *NB: while sunsets, and families and friends, and love, and beauty are beautiful gifts of God, they are not the Sacraments – God promises to be present and at work forgiving our sins in the sacraments!*

Small Group Time

Question for Conversation:

- God shows us love with regular things. But what happens when we've polluted all the water? Or hoard all the food so others starve? How does that reflect on us as Christians?

Highs and Lows: spend time sharing the highs and lows of the week with each other.

Journal Question

Why would God use the most basic of things: water, bread and wine to show us how much we are loved? How come they only happen within the Christian community called church?