



August 2024 – Navigating Transitions: From Summer to Fall, from Struggle to Strength

Though the longer days of summer, BBQs, and running through sprinklers are coming to an end, cool evenings at the football stadium, beautiful color-changing leaves, and spending the school day with friends are upon us. As Iowans prepare for the multicolored season of autumn, LSI is here to help you navigate the changing of the seasons.

Transitions can be a difficult time for anyone, and LSI provides services to ease the process of change.

Our Immigrant and Refugee Community Services help new arrivals to the U.S. resettle and start a life in Iowa. Our Host Homes program helps adults living with disabilities transition to greater independence through a mentor-mentee relationship. Our Early Childhood Services prepare parents expecting a child for a healthy birth and provide support as children transition from milestone to milestone. Our foster parents provide safe, loving homes for children moving through the foster system as they await adoption.

Whether we're helping someone through a difficult life transition in therapy or teaching former refugees English and cultural competency skills, at LSI we're there every step of the way. If you need support during a transition in your life, visit LSIowa.org to learn more about our services.

For more information, please contact Deb Whitford, LSI's Director of Philanthropy and Church Relations, at Deborah.Whitford@LSIowa.org or 563-676-2065.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at LSIowa.org and facebook.com/LSI.iowa.