

April 2021, LSI Bulletin/Newsletter Article and Story

National Child Abuse Prevention Month

According to the most recent Iowa Department of Human Services data, 9,532 Iowa children were subject to abuse or neglect. The most common forms of abuse included denial of critical care, physical injury, exposure to illegal drugs or dangerous substance, and sexual abuse.

Lutheran Services in Iowa (LSI) helps combat child abuse through prevention, safety, and stability services, as well as mental and behavioral health care.

Through regular in-home visits to families, LSI Early Childhood Services prevent child abuse by giving parents the support, education, and resources they need to build a healthy, stable home for their children. In 2020, our Early Childhood programs provided more than 18,000 in-home and virtual visits to families.

LSI Family Centered Services help children and families already involved in a crisis or abuse situation to become safer and more stable, and LSI's Bremwood and Beloit Residential Treatment Centers serve many children and youth who have experienced trauma from past abuse or neglect.

You can make a direct impact on these children and families through your support of LSI. For more information, please contact Deb Whitford, LSI director of philanthropy and church relations, at Deborah.Whitford@LSIowa.org or 563-676-2065.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at LSIowa.org and [Facebook.com/LSI.iowa](https://www.facebook.com/LSI.iowa).

Empowering Iowa Families

Gaylene was overwhelmed raising three young boys. Finances were strained and she and her partner, José, worked hard to make ends meet. Suddenly, well into her second trimester, Gaylene learned she was pregnant with her daughter, Julieanna. Left with less time to prepare her home for a fourth child, Gaylene was stressed at the thought of welcoming a little girl into a house with three energetic older brothers. And once Julieanna was born, Gaylene began experiencing postpartum depression.

Gaylene enrolled in LSI Early Childhood Services for help, and she and José began meeting with their LSI worker, Kellie. She provided the family with age-appropriate ideas and developmental activities for the kids, and served as a shoulder to lean on whenever Gaylene or José needed guidance or advice. Gaylene recently graduated from college with a degree in early childhood education, and her family is thriving. Gaylene also graduated out of LSI services last year. The family still keeps in touch with Kellie, and Gaylene says she will forever be grateful for the support she received when times were difficult.

"We got so used to Kellie coming to our home for five years, it's going to be different. But now I know where to turn and how to help my family down the road," Gaylene says. "I feel like Kellie and LSI actually care about people and parents."