

## **December 2021, LSI Bulletin/Newsletter Article and Story**

### **Merry Christmas from LSI!**

*“The light shines in the darkness, and the darkness has not overcome it.” — John 1:5*

As Christmas approaches, we give thanks to you! This year has been another difficult time for all of us, and we are grateful for the Iowans who have stepped up just for the sake of giving and helping the people LSI is privileged to serve. Thank you for bringing the light of Christ to your neighbors who rely on these important services!

At LSI, we know many people experiencing deep darkness. We know parents who feel hopeless, with little resources to raise their young children. We know adults with disabilities who feel voiceless, with no support system or connection to their community. We know teens who are aging out of foster care, who fear they will never have a forever family.

The holidays can be an especially difficult time for our neighbors who are so often overlooked in our society. In the spirit of giving, the spirit of love, and the spirit of working together, let us stand with them and lift them up this Christmas season. LSI's annual matching gift campaign is currently active, and those making a new or increased financial gift can double their impact through the end of the year. If you would like to learn more about how you can support Iowa children and families, contact Deb Whitford, LSI Director of Philanthropy and Church Relations, at 563.676.2065 or [Deborah.Whitford@LSIowa.org](mailto:Deborah.Whitford@LSIowa.org). LSI is also available to provide a customized virtual shared ministry opportunity for your congregation. If you would like to share the message of LSI with your community, please visit [LSIowa.org/church-relations](http://LSIowa.org/church-relations) or contact our Waverly office at 319.352.2630 to get started.

Wishing you a blessed and merry Christmas from LSI!

*Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at [www.LSIowa.org](http://www.LSIowa.org) and [www.facebook.com/LSI.iowa](https://www.facebook.com/LSI.iowa).*

### **Never Alone**

Two years ago, Kayla knew it was time for a change in her life. She had struggled with substance use for years. When she was pregnant with her youngest son, Rafe, she was determined to build a brighter future for him. She entered treatment to become sober and create a healthy home for her baby.

While in treatment, Kayla enrolled in the HOPES program through LSI Early Childhood Services, which provides in-home parenting education and guidance for parents of young children. Kellie, Kayla's LSI worker, met with her every week to ensure she had all the resources and support she needed to raise Rafe in her home. They kept track of all his important developmental milestones, sharing smiles and laughs along the way. Whether it was supplying diapers or being a listening ear, Kellie was always there for Kayla.

Kayla is now two years sober, has a job as a chef, and feels empowered and confident that she has everything she needs to help her family thrive.

“I just feel overwhelmed and overjoyed. I never thought I could do all this, so I'm proud of myself,” she says. “There are people at LSI that care about you. They are there to support you and they are willing to help.”