

October 2020, LSI Bulletin/Newsletter Article and Story

Warming Hearts with God's Love and a Good Pair of Mittens

Far too often, children arrive at LSI's Beloit and Bremwood Residential Treatment Centers with very little in their possession.

We give thanks for Iowa congregations who faithfully respond to these needs, year after year! As winter approaches, LSI relies on your loving support to meet the demands for winter apparel for children at Beloit and Bremwood. Youth in residential treatment have little control over their lives, so it's important for us to give them the opportunity, when possible, to choose their new coat or mittens. Because of this, we ask that you please not donate articles of clothing. With your generous financial donation, many children will have the simple joy of choosing their new coat, knowing that they are loved and cherished.

If you would like more information, please contact Deb Whitford, LSI's director of philanthropy and church relations, at Deborah.Whitford@LSIowa.org or 563.676.2065. LSI is also available to provide a customized virtual shared ministry opportunity for your congregation. If you would like to share the message of LSI with your community, please contact our Waverly office at 319.352.2630 to get started.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at www.LSIowa.org and www.facebook.com/LSI.iowa.

A Path to Healing

When 14-year-old Bri first came to LSI's Beloit Residential Treatment Center in Ames, she was struggling with aggression, frequently ran away, and had a hard time focusing in school. And as she was trying to heal from years of trauma, Bri's beloved grandpa suddenly passed away. She felt stuck and nothing was getting better, no matter what she tried. But her Beloit team was there to cheer her on.

The LSI team at Beloit provides 24-7 mental health treatment for Iowa children who have often experienced years of trauma, abuse, or neglect. Staff members are there to encourage children on their path to hope and healing, and they were there to lift up Bri when she decided to make a positive change in her life. Bri began actively participating in individual and group therapy sessions provided at Beloit, and she made it a point to encourage her peers on campus every day. Her Beloit team helped her to feel more comfortable opening up about her grief, and staff members were there to remind her of all the progress she had made to help her stay focused on the positives.

After months of hard work, Bri found a loving foster family and was able to leave Beloit's programming. And while she felt uncertain and anxious about leaving, she knew she was ready to move forward.

Bri continues to keep in touch with the team at Beloit, providing details on her new life, school, and her new room at home. Bri's anxiety about the unknown has diminished, she feels confident communicating her emotions, and she has hope for the future.